

Lesson 3

Families & Care

Learning Intention

To explore different types of families and who to ask for help

Learning Outcomes

Know there are different types of families

Know which people we can ask for help

Resources

Talking object

Story bag - containing plaster and skipping rope

[Families pictures](#)

The Family Book, Todd Parr

Activities

1. Ground Rules

In a circle, discuss the ground rules and ask what the children remember from the last lesson.

2. Feeling Faces

Ask the class to practice putting different feelings on their faces. Suggest happy, shy, upset, sad.

3. Story Bag

In this story, X from the other two stories gets hurt after school while playing with a skipping rope by the playground gate. Children and teachers are in the playground and parents and carers are waiting on the pavement. Tell the story up to the point where X gets hurt, then consider the following questions with the class: Who can X go to for help? If there is someone s/he does not know waiting on the pavement, should X ask them for help? How does X want to be cared for? How could X's friends help? Draw together any conclusions and reinforce that it is important to ask for help from a trusted person.

4. Family Members

In groups, ask the class to think of as many different family members as possible. Give each group a [Families picture](#) to help them. Collect suggestions from the whole class and record on the board.

5. All Families Are Different

On the carpet, use the photos, like a picture book, to explain how families differ. Alternatively read The Family Book or a similar resource about families to illustrate difference.

6. Go-round

Finish with a go-round: *If I needed someone to help me I would ask...*

Additional Activities

Suggested reading:

Happy Families, Allan Ahlberg

Who's in a Family? Robert Skutch