



Hartford Primary School

Head: Miss M Fairweather, B.Ed (Hons), N.P.Q.H.
Riddings Lane, Hartford, Northwich, Cheshire, CW8 1NA
Tel: (01606) 74164

Email: head@hartfordprimary.cheshire.sch.uk

Website: www.hartfordprimaryschool.com



Thursday 6th July 2017

Dear Parents/Carers of current Year 5 children

Opportunity for your child to receive Bikeability Cycle Training

As we have done in previous years we have arranged for our year 6 children to receive Bikeability Cycle Training. This training is designed to give our year 6 children the skills and experience to cycle safely and confidently. It is Cycling Proficiency for the 21st century and involves cycling in both an off-road playground environment and on roads around the vicinity of the school.

Children enjoy cycling and of course it brings many health benefits, develops confidence and gives them independence. Children who have been trained are much safer and, in addition, tend to cycle more. This training is being promoted by the Council and is being carried out by a company called Cycle Experience, www.CycleExperience.com

6MW will be receiving the training during the week of 18th September 2017 and 6CL the week beginning 23rd October 2017. I am writing to invite you to register your child for this training.

Your child will need to bring the following with them for all their course sessions:

- **A bike which is roadworthy and of the correct size.** A bike check will be carried out first thing to identify bikes that are in need of repair from a local bike shop. The bike must not be too big or too small.
- **A cycle helmet.** This must fit properly and must not be a full faced helmet. If your child is unable to wear a helmet on the grounds of religious or cultural reasons please ensure you indicate this on the consent form and provide your signature.
- **Has sufficient warm clothing** including **gloves** for colder days. Each session is between one and two hours long and outside.
- **Has some wet weather clothing** e.g. a shower or waterproof jacket as a minimum. The training will continue in light to moderate rain.
- **Sun cream** for warmer days.

Attached is a form to enable you to check that bikes are roadworthy, that helmets are of an acceptable standard and some clothing considerations.

Your child will be attending a Level Two training course and therefore, there will be an expectation that they can ride a bike already, able to balance on their bike, look behind them without wobbling and hold a signal for at least 3 seconds.

They will receive a two hour Level One refresher in the playground before we take them onto the roads. At the end of the training course they will either have achieved Level Two or Level One. If they achieve Level One you will receive a feedback form highlighting what your child did well and what they need further practice in to achieve Level Two at a later stage. On the very rare occasion where a child doesn't come out onto the road they will receive a Certificate of Attendance and feedback form.

I do hope you will register your child for this training as I think it is a really important life skill and look forward to receiving your completed forms by the end of term.

Kind regards

Mrs Cade

Year 6 Class Teacher