

Reception

Families

Lesson 3

Learning Intention

To recognise that all families are different

Learning Outcomes

Identify different members of the family

Understand how members of a family can help each other

Resources

The Family Book, Todd Parr

[Families pictures](#)

Paper for drawing pictures

Activities

1. Ground rules and recap

In a circle, remind the children about ground rules - what rules do we need for behaving in a circle? Ask the children what they remember about keeping clean. Why do we need to keep clean? Keeping clean helps us keep healthy.

2. All Families Are Different

Explain that today's session is about the people in our family who help us. Introduce *The Family Book* or a similar resource about families, to illustrate difference. Discuss the content briefly: which family members are shown on the first two pages of the book? Give an example of when members of a family might live far from each other. What is a stepmum or a stepdad? What sort of celebration is the family having? Remind the children that every family is special, no matter what kind it is.

3. Family Members

Working with their talk partners/small groups, ask the class to think of as many different family members as possible. Collect ideas from the class. Show some [Families pictures](#) on the whiteboard and ask the class which family members are shown in each picture.

4. Family Drawings

At tables, give each child a piece of paper and a pencil and ask them to draw a picture of a family; it can be their own family or one of the families shown on the whiteboard. Circulate and support individuals as necessary and ask them to think about how the family members they have drawn might help each other at home.

Bring the children back to the carpet and ask them to present their pictures. Ask the children to suggest ideas for how we help each other in our family: think of what we talked about in the first two lessons – washing, dressing, cleaning, eating/preparing meals, playing/reading. What does your family help you with? What do you help with in your family?

5. Review and Close

Mime some of the different actions mentioned in the lessons (brushing your teeth, washing your hair, having a shower, eating breakfast). Ask the children to sign with their thumbs up if they do this activity themselves or with their thumbs down if someone helps them with this activity. Summarise the lesson: families can be different in lots of ways; everyone in a family can do things to help each other. Helping each other makes us feel good.

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Additional Activities

Suggested Reading

All Kinds of Families! Mary Ann Hoberman

I'll take you to Mrs Cole, Nigel Gray

Family Drawing

Ask the children to draw a picture of an activity they do with their family (e.g. going for a day out; having a meal together) or an activity to help their family (e.g. washing the car, laying the table).

Freeze Frames

Ask the class to all stand up and adopt a freeze position to show a helping activity, e.g. tidying up, making the bed, cleaning the table. Explain that you will put some music on and when it starts, they should start doing the activity to the music. When the music stops, ask them to think of another helping activity and adopt a new freeze position. Repeat two or three more times.