

UNLOCK YOUR POTENTIAL

WITH A COACHING TASTER PACKAGE

VERSUS
ARTHRITIS

Alzheimer's
Research
UK

ASTHMA+
LUNG UK

Limited Offer: Just £99 Each!

WHAT IS COACHING?

Coaching is a collaborative and solution-focused process designed to help you unlock your potential, achieve your goals, and navigate any personal or professional challenges you may be experiencing. Through powerful questioning, active listening, and actionable strategies, coaching empowers you to gain clarity, overcome obstacles, and create lasting positive change.

WHO IS THIS PACKAGE FOR?

- Individuals looking to gain clarity and direction in their personal or professional life.
- Anyone wanting to experience the transformative power of coaching without a long-term commitment.
- Those passionate about contributing to a meaningful cause while investing in their personal development.

HOW WILL IT HELP ME?

- ✓ Gain clarity and direction in your life.
- ✓ Overcome obstacles and achieve your goals.
- ✓ Experience professional coaching at an incredible price!

HOW DO I SIGN UP?



Ready to take the first step towards positive change? Signing up is easy! SCAN THE QR CODE to make your donation and I will contact you to book your first session.

Don't miss this opportunity to transform your life and make a difference for just £99. Secure your spot today and join us in supporting vital research and care for sufferers of Alzheimer's, COPD, and Arthritis.



100% of your payment goes to charity

WHAT'S INVOLVED?



01

PREPARE

15-min call to answer any questions about coaching and the process. Deep Dive Questionnaire to unlock your thinking and prepare you to maximise the coaching session.



02

POWER HOUR

60-min coaching session dedicated to understanding your current situation and working intensively on your specific goal or challenge.



03

PROPEL

30-min follow-up to hold you accountable, review your progress, and see what further support you might need.

Sign-up Now: Only 30 Packages Available!